

What the heck is a pronoun?

Pronouns are words that replace a noun, or name.

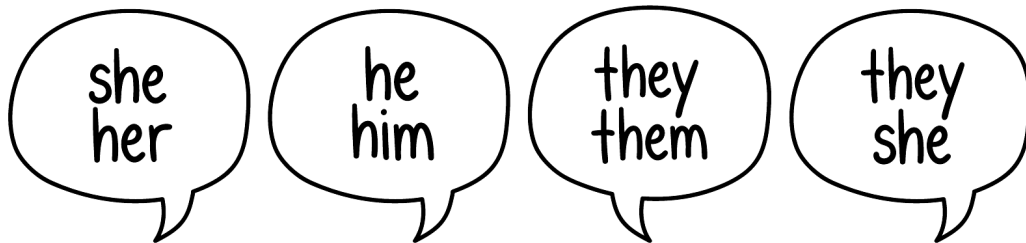
Kai is such a good skateboarder.

I watched **him** at the park.

Mum and I love **our** neighbour, **Tina**.

She is such an amazing cook.

Different folks use different pronouns (sometimes more than one!) as part of their **gender expression**. Gender expression is the outward presentation of a person's gender. This can include the way someone dresses, their voice and mannerisms, as well as language. The name and pronouns a person uses are an important way of expressing their gender.



Some pronouns you will be familiar with while others may be new to you. With something new PRACTICE makes progress!

Classic Pronouns	(A few) Neopronouns
me/my/mine	xe/xir/xirs
she/her/hers	ze/zir/zirs
he/him/his	fae/faer/faers
they/them/theirs	
we/our/ours	

*Highlight the pronouns you're unfamiliar with.
Try using them in a sentence to get a feel for them.*

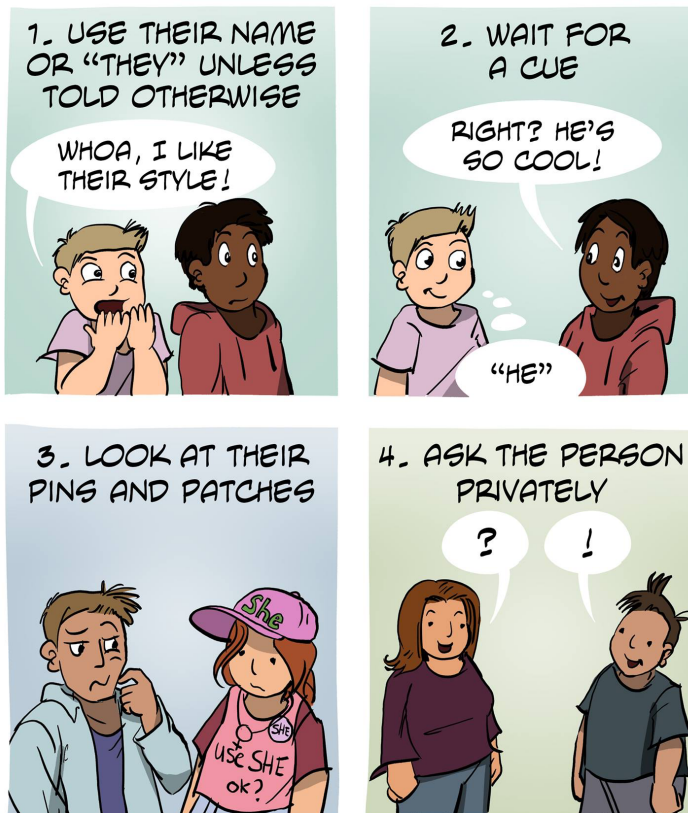
*What pronouns do you use?
Do you use different pronouns in different settings?*

Respecting someone's name and pronouns is one of the easiest way to respect their gender expression. We can do this by:

- Using the pronouns a person shares with us
- Taking the lead and sharing our pronouns first
- Never assume pronouns, instead take the time to ask (yes, it is polite to ask!)
- When we misgender someone by using the wrong pronouns we apologize and try again

If you're struggling with misgendering someone then take the time to practice speaking about them with a partner!

THINGS YOU CAN DO INSTEAD OF ASSUMING SOMEONE'S PRONOUNS



AND REMEMBER = ASKING IS LESS VIOLENT THAN MISGENDERING.

Here are some phrases you can work on at home.

"Hi, my name is _____, I use (she-her/he-him/they-them) pronouns. What's your name?"

"It's nice to meet you. By the way, what pronouns do you use?"

"Oops! Sorry, I meant (she/he/they)."

"Sorry to interrupt, but (she/he/they) is actually a (she-her/he-him/they-them)!"